



ST BERNARD'S
SAFETY TRAINING CENTRE

Manual Palletizer Course

Suitability: This course is suitable for anyone who would like to learn the safe principles of professionally operating a Manual Palletizer. It provides clear informational updates that constantly take place in the industry about its safe operation. This course is also suitable to renew an existing Manual Palletizer qualification

Validity of Certificate: 3 years

Course Duration: 4 hours

Course Assessment: At the end of the Manual Palletizer course, participants are assessed by a multiple choice assessment sheet to assess understanding of main topics and any weaknesses are addressed to by the tutor

Course Practical: For Manual Palletizer courses held on-site, at the end of the theory part of the Manual Palletizer, participants are required to practice the safe operation of a Manual Palletizer

Certification: Upon successfully completing the Manual Palletizer course, each participant will be awarded with a certificate of competence

St Bernard's Safety Training Centre is qualified from The Independent Training Standards Scheme & Register (ITSSAR) of UK, to conduct Access Equipment and Machinery Training courses

The Manual Palletizer course is made up of 5 sections, which are:

Introduction to Manual Palletizer Operations

1. Manual Palletizer Operations in the Industry
2. Components of a Manual Palletizer
3. Accidents with a Manual Palletizer
4. Consequence of Accidents
5. Health Considerations when Operating a Manual Palletizer
6. Operators Safety Code
7. Do's & Don't

Health & Safety Legislation

8. Local Legislation & Regulations
9. Employer's Legal Requirements
10. Employee's Legal Requirements
11. Risk Assessing of Various Taks
12. The Importance of Training

Safety Procedures of a Manual Palletizer

13. Factors Affecting Stability
14. The Capacity Plate
15. Braking & The Dead Man Brake
16. Hydraulic Controls
17. The Importance of Compiling & Filing of the Daily Pre-Use Inspection Checklist
18. Pedestrian Pallet Truck Pre-Use Checklist
19. Procedures for Reporting Faults

Operating Safely a Manual Palletizer

20. Personal Protective Equipment (PPE)
21. Body Positioning
22. Pallets
23. Pushing and Pulling of Loads
24. Handling Loads

25. Loading Docks

26. Operating a Manual Palletizer in Open & Confined Spaces

27. Parking of a Manual Palletizer