



ST BERNARD'S
SAFETY TRAINING CENTRE

Paediatric Emergency First Aid

Suitability: This course is suitable for anyone who is involved in taking care of children such as child carers, kinder-garden, primary & secondary teachers, learning support assistants and parents. This course provides clear information of what assistance needs to be offered to an injured child until professional medical assistance takes over. This course is also suitable to renew an existing qualification in the subject

Validity: 3 years

Duration: 5 - 6 hours

Course Assessment: During the Paediatric Emergency First Aid course, participants are practically assessed on the various practical aspects (mentioned below). At the end of the course, participants are assessed by a theory assessment sheet to assess understanding of main topics

Certification: Upon successfully completing the Paediatric Emergency First Aid course, each participant will be awarded with a certificate of competence in the subject

The Paediatric Emergency First Aid course includes practice of Primary Survey concluded by CPR child and baby manikin, Secondary Survey concluded by the recovery position, practice of various wound dressing and sling-making

The Paediatric Emergency First Aid course is made up of 4 sections, which are:

Introduction to Paediatric First Aid

1. Aims of First Aid
2. Hygienic Aspects when delivering First Aid
3. Legal Aspects that concern First Aiders
4. The Accident Book
5. Contents of a First Aid Box
6. Planning for an Emergency
7. Dealing with an unwell child

Minor First Aid Treatments

8. Nose Bleeding
9. Panic Attack
10. Croup
11. Eye Injuries
12. Animal Bites and Insect Stings
13. Bruises and Grazes

Major First Aid Treatments

14. Being able to conduct a Primary Survey for an unresponsive, not breathing casualty - CPR
15. Being able to conduct a Secondary Survey for an unresponsive, breathing casualty - Recovery Position
16. Choking
17. Asthma
18. Febrile Convulsions
19. Poisons
20. Head Injuries

Body Injuries and First Aid Treatment

21. Bleeding
22. Sprains and Strains
23. Bone Fractures and Dislocations
24. Body Burns and Scalds